

Some handy tips and advice

- Assume nothing regarding destinations and next steps - continue applying and maintain a dialogue with employers and training providers via email or social media platforms like LinkedIn and Twitter.
- Read more - follow companies, organisations and professional bodies on Twitter, LinkedIn, Instagram etc. and keep an eye on how different businesses and government are responding to the current crisis.
- Work on your online profile - this doesn't just have to be LinkedIn but could also be using online-friendly application formats like Video CVs which allow you to emphasise your skills and USP as well as preparing you for the video-based recruitment methods that many employers are now moving to.
- Consider alternative ways to gain work experience - many organisations will be experiencing a surge in business in the current climate (Manufacturing, Supply Chain and E-Learning, to name but a few) and others, such as charities, care homes and food banks, will require willing volunteers, even from a distance. This could be an opportunity to make a difference and develop your skills!
- Take the time to learn something new - with many individuals house-bound for the time being, this is an opportune time to expand your learning, whether by picking up a new language, developing craft skills or exploring the wide range of MOOC subjects available on sites like Future Learn, Open Learn and Coursera!

It could also be an ideal time to think about 'The Whole of you' – identifying what skills, strengths and qualities you have aside from your exam marks. This visual really helps to demonstrate this:

